

Tai Chi Chuan and Modern Lifestyles Conference

太極拳與現代人生研討會

Date: June 8 & 9 (Sat. & Sun.) 1996
Time: 9 am to 4 pm
Place: Chinese Cultural Centre
50 East Pender Street, Vancouver, B.C.

SCHEDULE 大會程序

Saturday June 8, 1996

TIME 時間	SPEAKER 講員	TOPIC 講題
9:00-10:00	Conference Check-in & Registration 登記及註冊	
10:00-11:00	Opening Ceremony 開幕典禮	
11:00-12:00	Tchoung, Ta Tchen 鍾大振	Tai Chi Chuan and Modern Lifestyle 太極拳與現代人生
12:00-1:00	Lunch 午膳	
1:00-2:00	Lee, Martin 李文發	8 Part Talk on Yang Tai Chi Chuan 楊家太極拳之八大法
2:00-3:00	Jay, Tony 謝宇雲	Tai Chi Chuan and Nei Kung 太極拳與內功
3:00-4:00 *	Dickson, Peter	Concept of Tai Chi Chuan in Teaching Seniors 教授耆英學習太極拳的心得
	Glasheen, Tim	The Road of San Shou (Two Person Form) in Tai Chi Chuan 太極拳散手的功用
	Kurland, Harvey	Kinesiologist's Perspective on Tai Chi Chuan 運動醫療學者談太極拳
4:00-5:00 *	Eastman, Rex	Play the Tai Chi 享受太極拳
	Harris, David	Chin Na: Applications 擒拿法
	Lee, Douglas 李長達	Wu Style Tai Chi Chuan 吳家太極拳
	Tran Wu 傅悟居士	The Martial Arts and Healing Arts of Tai Chi Chuan 太極武藝與太極醫道

* group discussion

SCHEDULE 大會程序

Saturday June 9, 1996

TIME 時間	SPEAKER 講員	TOPIC 講題
9:00-9:30	Conference Check-in & Registration 登記及註冊	
9:30-10:30	Xu, Gong Wei 徐公偉	Chan Style Tai Chi Chuan 陳家太極拳
10:30-11:30	Chan, Philip 陳伯元	The modern role of Tai Chi Chuan 太極拳的新使命
11:30-12:30 *	Camp, John	Tai Chi Chuan Rooting 太極拳定功
	Houghton, Robert	The Relationship between Tai Chi Chuan & Hsing Yi Chuan 太極拳與形意拳的關係
	Li, Dr. Kwok Chu 李國柱醫生	Health Perspective of Tai Chi Chuan 從健康角度談太極拳
12:30-1:30	Lunch 午膳	
1:30-2:30	Fu, Victor 傅勝龍	Fu Style Tai Chi Chuan 傅家太極拳
2:30-3:30 *	Dale, Andrew	The Tai Chi Chuan, Pa Kua Chang and Chi Kung Connection 太極拳、八卦掌與氣功的關係
	Der, Lawrence 謝錫鴻	Health Benefits of Chi Kung and Tai Chi Chuan 氣功和太極拳的養生功能
	Sue, Ron 蘇熾明	Tai Chi Chuan Weapons 太極拳器械
3:30-5:30	Closing Ceremony, Demonstration of Masters, Plaque Presentation, Group Photos and Refreshment 閉幕禮、大師表演、致送紀念品、與各師傅合照留念及茶點招待	

* group discussion